

# **Executive Coaching**

## Navigate Your Career With A Trusted Advisor

Ideal for Executives, Board Members, Middle Managers, Succession, Onboarding, Leader Career Changes, Emerging Leaders, Change Leaders, Hi-Pressure Roles, Remote Team Leaders & High Performers

### **Overcome Challenges**

- Emotional Intelligence
- Relationship Intelligence
- Organizational Intelligence
- Teamwork & Engagement
- Inspiring Communication
- Presenting & Media Training
- Achievement Orientation
- Introvert or Extrovert Challenges
- Influence without Authority
- Executive Presence
- Conflict Management
- Change Management
- Leading Remote Teams
- Strategic Thinking
- Planning & Productivity
- Decision Making & Execution
- Delegation & Efficiency
- Courage & Confidence
- Resilience & Life Balance

#### Contact

info@ExecutiveCoaches.ca



You're ambitious and you have potential, but if something is holding you back, we should talk. Why? Because anyone who has ever achieved anything significant, from athletes to performers, presenters and politicians, they all know not to go it alone. They don't allow their abilities to form in isolation. They have coaches.

At *Ubiquity*, we're experts at bringing out the very best in leaders, teams and organizations. We'll help you set clear intentions, explore strategies and tactics, and uncover potential that you didn't know you had. When you're ready to realize a more fulfilling and transformative future, we're here to collaborate and support you every step of the way. At Ubiquity, we create S.T.A.R.S.:

**S**trategic Thinking

**▼** Tactical Execution

Adaptability & Resilience

**R**ally & Grow Teams

**S**takeholder Influence

#### **How It Works**

With half year or monthly engagements, you have full flexibility. Meetings are one hour, bi-weekly, plus unlimited text support. Sessions are done by video or phone. We provide confidential feedback, perspective and best practices to help you excel.

What are you waiting for? Explore your greater potential today.

Never Stop Growing!